

# In Challenging Times



**Your Employee Assistance Program can help**

Crisis ~ Grief ~ Anger ~ Depression ~ Anxiety ~ Stress  
Addictions ~ Parenting concerns ~ Childcare/Eldercare  
Family/ Relationship matters ~ Legal issues  
Financial worries . . . *and more*

**Providing**

Crisis Support, Confidential Consultation,  
Referral and Follow-up for *you and your*  
*family members 24/7*

**Web site: [www.rieashelp.com](http://www.rieashelp.com)**



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